

GENDAI REIKI

Curriculum



Kanji for Light (Hikari)

Guidelines for a Reiki Share

A Reiki Share is a group of people, guided by Reiki Practitioner(s), gathered with the intention of giving and/or receiving healing for the highest good of body, mind and spirit

Any Reiki Practitioner, beginning with Level I, is qualified to guide

- Whenever possible, invite a Level II, III or IV Reiki practitioner
- Expect all Reiki practitioners to offer healing free of charge
- Admission by donation to a charity may be requested if desired

Anyone may attend, at any time during the scheduled Reiki Share

- Discuss, offer, or post the handout “What to Expect When Receiving a Reiki Healing” [in this manual]
- Invite participants without Reiki attunements to “send healing thoughts” or “send love” during hands-on sessions

Invite participants to come with comfortable clothing, an open mind, and good intentions

Provide a safe, comfortable and quiet environment

- Use Reiki symbols, if known, to prepare and purify healing space
- Provide water
- Invite participants to bring any non-alcoholic beverage or snacks to share, if desired
- Inform participants that privacy of person is always honored

Request confidentiality

- Be sure it is understood that anything said during a Reiki Share must always be kept confidential within the participating group

If you like, begin with Hatsurei-Ho Reiki meditation and end with a Reiki mawashi (Reiki circle)

Set time aside, if desired, to share Reiki experiences in general, and/or feelings and impressions related to this Reiki Share

Please post these guidelines during the Reiki Share